

NutriDyn®

Health Drink

Daily Nutritious Protein Drink with NutriDyn
Fruits & Greens and Acacia Fiber*

Health Drink Supplementation

Health Drink is a nutritious protein and superfood dietary supplement that provides vital micronutrients, antioxidants, lasting energy, and support for healthy tissue function.♦ Health Drink also contains 1.4 billion colony-forming units (CFUs) of probiotics and a digestive enzyme complex to support healthy gastrointestinal function.♦

Better yet, it mixes easily, is great for on-the-go, and comes in two delicious flavors!

Health Drink is formulated with ingredients that support overall health and longevity in a variety of ways.♦ The main benefits include:

- Protein to support lean body tissue and physical recovery♦
- Supports healthy GI tract function and digestion♦
- Supports hormonal balance, healthy lipid profiles, energy levels, and immune system function♦
- Antioxidant capacity of over 10 servings of whole fruits and vegetables in just one scoop♦
- Naturally alkalizes the body♦



How the Ingredients in Health Drink Work

Whey Protein

Whey protein is the most bioavailable source of protein for humans, containing all of the essential amino acids necessary for proper health and longevity. Moreover, whey protein is rich in L-leucine, which research has shown to be the key amino acid for stimulating protein synthesis—a necessary process for repairing and maintaining tissues in the body.

Plant-Based Micronutrients

Micronutrients, as opposed to macronutrients, are nutrients living beings require in relatively small quantities for proper health and function. These include substances such as vitamins, minerals, and polyphenols—all of which may serve antioxidant roles in the body. Our superfood concentrates provide essential vitamins, minerals, and polyphenols for supporting everyday free radical bombardment and the immune system.♦

Fiber Blend

FOS and our proprietary Fiber Blend containing organic acacia gum powder act as prebiotics by stimulating the growth of healthy gastrointestinal (GI) bacteria. They're also low-calorie and have been shown to support healthy lipid levels, blood sugar, and digestion.♦

For more information, visit: www.nutridyn.com

How the Ingredients in Health Drink Work Continued

Probiotic and Digestive Enzyme Blend

The human GI tract contains nearly three pounds of bacteria—comprised of 1000 or more different species—and a medley of enzymes that help us digest and absorb nutrients from food. A healthy GI tract is crucial for proper endocrine function, immune system support, and body-weight regulation.♦ Moreover, healthy GI tract microbes act as a barrier against undesirable microbes and promote the absorption of vital nutrients from food.♦

Supplement Facts

STRAWBERRY CREAM

Serving Size: About 1 Scoop

Servings Per Container: About 30

	Amount Per Serving	%DV*
Calories	120	
Total Fat	1 g	1%*
Cholesterol	30 mg	10%*
Total Carbohydrate	12 g	4%*
Dietary Fiber	4 g	14%*
Total Sugars	2 g	**
Protein	15 g	
Vitamin A (from Beta Carotene)	360 mcg RAE	40%
Vitamin C (Ascorbic Acid)	50 mg	56%
Vitamin D (as Cholecalciferol)	0.25 mcg (10 IU)	1%
Vitamin E (as D-Alpha Tocopheryl Succinate)	5 mg	33%
Thiamine (as Thiamine HCl)	0.4 mg	33%
Riboflavin	0.4 mg	31%
Niacin	5 mg	31%
Vitamin B6 (as Pyridoxine HCl)	0.4 mg	24%
Folate (as Calcium L-5-Methyltetrahydrofolate) (BioFolate®)	50 mcg DFE	13%
Vitamin B12 (as Methylcobalamin)	0.1 mcg	4%
Biotin	7 mcg	23%
Pantothenic Acid (as Calcium-D-Pantothenate)	2 mg	40%
Calcium	300 mg	23%
Iron (as Ferrous Fumarate)	5 mg	28%
Phosphorus (from Dicalcium Phosphate)	80 mg	6%
Magnesium (as Magnesium Citrate)	20 mg	5%
Chromium (as Chromium Polynicotinate) (ChromeMate®)	120 mcg	343%
Sodium	165 mg	7%
Potassium (as Potassium Chloride)	85 mg	2%
Fiber Blend	2.56 g	**
Organic Gum Arabic Tree (Acacia Gum) Powder,		
Oat Bran Powder, Apple Fruit Powder, Aloe Vera		
Leaf Powder, Prune Fruit Extract.		
SuperFruitox Antioxidant Blend	1.84 g	**
Cranberry Fruit Powder, Black Raspberry Fruit Powder, Strawberry Fruit		
Powder, Plum Fruit Powder, Raspberry Fruit Extract, Blackberry Fruit		
Powder, Papaya Fruit Powder, Kiwi Fruit Powder, Watermelon Fruit		
Powder, Bromelain, Pomegranate Fruit Extract, Quercetin Dihydrate,		
Acerola Berry Powder, Grape Seed Extract, Blueberry Leaf Extract,		
Bilberry Fruit Extract, Black Cherry Fruit Extract, Organic Acai Berry		
Powder, Organic Pomegranate Fruit Powder, Organic Raspberry Fruit		
Powder, Organic Bilberry Fruit Powder, Lycium (Goji) Berry Powder,		
Mangosteen Fruit Powder, Noni Fruit Powder, Organic Blueberry Fruit		
Powder.		

	Amount Per Serving	%DV*
Digestive Enzyme & Probiotic Blend	1.66 g	**
Fructooligosaccharides, <i>Lactobacillus acidophilus</i> ,		
<i>Lactobacillus casei</i> , <i>Bifidobacterium breve</i> ,		
<i>Lactobacillus rhamnosus</i> , Protease, Amylase,		
Lipase, Cellulase, Lactase, Papain.		
(Probiotic Blend Contains 1.4 Billion CFU)†		
Vegetable Antioxidant Blend	921.43 mg	**
Carrot Root Powder, Beet Root Powder, Radish		
Root Powder, Purple Cabbage Leaf Powder,		
Japanese Knotweed Root Extract, Green Tea Leaf		
Extract, Ginger Root Powder, Turmeric Root Powder,		
Kale Leaf Powder, Kelp Powder, Chlorella Cracked		
Cell Wall Powder, Alfalfa Herb Powder, Spirulina		
Powder, Broccoli Head Powder.		
L-Glutamine	100 mg	**
L-Carnitine (as L-Carnitine Tartrate)	100 mg	**

Other Ingredients: Whey Protein Concentrate, Whey Protein Isolate, Natural Flavors, Whey Protein Hydrolysate, Guar Gum Powder, Stevia Leaf Extract, Silica.

Contains: Milk

BioFolate® is a federally registered trademark of MTC Industries, Inc.

ChromeMate® is a registered trademark of Inter Health.

† At time of manufacture.

Directions: Mix 1 scoop in 10-12 ounces of water daily as a dietary supplement or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: www.nutridyn.com

Rev. 1/25 ND308 ©2025 NutriDyn