



Aller Pro

Support for Healthy
Respiratory Function*

Aller Pro promotes a healthy upper respiratory tract through bioavailable herbal and antioxidant immune-supporting ingredients that help support healthy nasal and sinus cavities.* It helps support healthy levels of mucus in the nasal and sinus cavities.*

How Aller Pro Works

Deglycyrrhizinated licorice supports healthy mucus levels, thus supporting healthy respiratory function.*¹ It also has powerful properties that support healthy mucus levels in the lungs.*²

Quercetin is a flavonoid known for its antioxidant properties affecting healthy respiratory function and promoting healthy nasal and sinus cavities.*³ Like all flavonoids, quercetin works as an antioxidant by scavenging free radicals and supporting healthy oxidative stress.*⁴

Stinging nettle leaf is another ingredient rich in flavonoids and antioxidant properties that has been used in herbal treatments for centuries.* It helps support upper respiratory health by promoting healthy immune markers.*⁵

Bromelain is a crude extract from pineapple containing several proteases, enzymes that help us digest and absorb protein complexes, including antigenic compounds that enhance the absorption of quercetin.* The properties of bromelain support healthy mucus and nasal passages.*⁶

N-Acetyl-L-Cysteine (NAC) is an amino acid precursor to glutathione, a crucial antioxidant that affects every system in the body, especially the nervous, immune, and gastrointestinal systems. Glutathione and NAC work together to support healthy mucus levels, thus supporting a healthy airway and promoting a healthy upper respiratory tract.*⁷

Vitamin C is a powerful antioxidant micronutrient with immune-supporting properties that works synergistically with quercetin to encourage healthy immune, nasal, and sinus function.* Research suggests that supplementation with vitamin C supports respiratory health and immune function through the redox integrity of cells.*⁸

Aller Pro Supplementation

Aller Pro provides herbal and antioxidant support with research-backed ingredients to support healthy nasal and sinus cavities.* The bioavailable ingredients are available in a vegetarian capsule for maximum absorption and help with seasonal transitions.* Supplementation may also include these additional benefits:

- Support for healthy nasal and sinus cavities*
- Promotes healthy respiratory function*
- Support for healthy immune function*
- Support a healthy oxidative stress response*



Form: 60 Capsules

Serving Size: 1 Capsule

| Ingredients | Amount | %DV |
|---|--------|------|
| Vitamin C (as ascorbic acid) | 150 mg | 167% |
| Quercetin (as quercetin dihydrate) | 200 mg | ** |
| Stinging Nettle Powder (leaf; <i>Urtica dioica</i>) | 200 mg | ** |
| Deglycyrrhizinated Licorice Extract (root; <i>Glycyrrhiza glabra</i>) | 75 mg | ** |
| Bromelain (from pineapple) (2400 GDU/g) | 50 mg | ** |
| N-Acetyl-L-Cysteine | 25 mg | ** |

Other Ingredients:

Hypromellose, vegetable magnesium stearate, silica.

Directions:

Loading phase: Take 2 capsules three times daily for 7-10 days. Acute: Take 2-3 capsules as needed. Maintenance: Take 1 capsule daily or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN



NON-GMO



PRODUCED IN A
cGMP FACILITY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**References:**

1. Wang L et al. *Acta Pharm Sin B*. 2015;5(4):310-315.
2. Murck H. *Front Immunol*. 2020;11:1239.
3. Hosseinzade A et al. *Front Immunol*. 2019;10(51).
4. Baghel SS et al. *World J Pharm Pharm Sci*. 2012;1(1):146-160.
5. Roschek B Jr et al. *Phytother Res*. 2009;23(7):920-926.
6. Chakraborty AJ et al. *Life (Basel)*. 2021;11(4):317.
7. Seagrave J et al. *Respir Res*. 2012;13:98.
8. Wintergerst ES, Maggini S, & Hornig DH. *Ann Nutr Metab*. 2006;50:85-94.